AB 1357 (Bloom): Children & Family Health Promotion Program

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Proposal
Create a dedicated revenue source to support chronic disease prevention in California communities most impacted by diabetes, obesity, heart disease, stroke, and tooth decay. Place a 2 cent per ounce health impact fee on the distribution of drinks manufactured with added caloric sweetener (e.g. natural and refined sugar, high fructose corn syrup). Impacted drinks include but are not limited to regular soda, sports drinks, energy drinks, juice with added caloric sweetener, sweet coffee drinks, and syrups used to make such drinks.

Sugary Drinks are a Major Contributor to Chronic Disease

Health Impact
People who drink sugary drinks regularly—1 to 2 cans a day or more—have a 26% greater risk of developing type 2 diabetes. Sugary drinks are uniquely harmful as people who drink large amounts of rapidly absorbable sugars don’t feel as full as if they had eaten the same amount of calories from solid food. The research that sugary drinks have a direct link with type 2 diabetes is incontrovertible; the link with obesity is also certain. Sugary drinks are also a major driver of fatty liver disease, cardiovascular and heart disease, stroke, pancreatic cancer, and kidney disease. If we do nothing, researchers predict that 40% of all children, and 50% of Latino and African American children, will develop type 2 diabetes during their lifetime.

Healthcare & Economic Productivity Costs
According to the California Department of Public Health’s California Diabetes Program, 1 in 7 adults in our state have diabetes, with rapidly rising numbers. Diabetes costs, from hospitalizations, medical care, disability payments, and time lost from work, among other things, exceed $24 billion in California each year. Over 13,000 Californians undergo limb amputations every year. We all carry the economic burden of these preventable diseases – diabetes alone costs every man, woman, and child in our state $700. This hidden ‘tax’ is passed on to consumers through higher insurance premiums.

Impact on Youth
Sugary drinks are the top calorie source in teens’ diets (226 calories per day). In California, 65% of teens ages 12-17 drink at least one soda or other sugary drink every day. At the same time, the beverage industry spends nearly half a billion dollars a year on average in marketing to teens alone. Youth are a target for sugary drink advertising, especially youth in communities of color: in 2013, African American children and teens saw twice as many television ads for sugary drinks as their white peers, and the number of sugary drink ads on Spanish language television nearly doubled from 2008 to 2010. The percent of African American, Asian American, and Latino teens in California consuming these drinks increased between 2007 and 2012.

Communities of Color are Disproportionately Impacted by Sugary Drink Related Diseases
Diabetes is one of the leading causes of death for Latinos, African Americans, Native Americans, and Asian Pacific Islanders in California. Over 43% of the Latinos, 40.3% Native Americans, 39.3% of African Americans and 38.7% of Asian Pacific Islanders admitted to California hospitals in 2011 had diabetes. In some counties the diabetes rate for Latinos admitted to hospitals is much higher (for example: Merced—49%; Yolo—48%; and Tulare and Imperial 46%). When compared to the state average of 31% for the total population, this is an unacceptable and unjust burden.

Solution
A dedicated revenue source is needed to fund programs and activities that support the prevention of diabetes and related chronic diseases in communities most impacted by disease. AB 1357 will fund community, school, and clinic-
based prevention programs and activities, such as nutrition education and physical activity programs, clean water stations in schools, healthy food and drink access programs, and oral health preventative services. Those communities that have the highest rates of type 2 diabetes, as indicated by the California Health Interview Survey, will be prioritized to receive funding.

Co-Sponsors
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Asian Pacific Partners for Empowerment, Advocacy and Leadership
California Primary Care Association
California Rural Indian Health Board
Council of Black Nurses, Los Angeles

Latin Coalition for a Healthy California
Public Health Institute
Roots of Change
Urban League of Los Angeles
100 Black Men (Sacramento + Orange County Chapters)

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The Council of Mexican Federations
Vision y Compromiso
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