Regional Network Meeting

How Health is Made or Denied

October, 2014
Latino Coalition for a Healthy California

- Founded in 1992
- 9 Regional Networks
- Leading voice for Latino health in California
- Collaborate across California
- Connecting Sacramento & the rest of California
LCHC’s Priorities

#Health4All
LCHC’s Priorities
Six Months of Progress

- Legislative Impact
- Community Forums
- Technical Trainings
- Training of Presenters
- Meaningful Partnerships
- Health Promotion
- Broadening the audience for Latino health and Health Equity

Image Credit “Rosita Adelita” by Robert Valadez
Looking Forward

- Addressing Immigration Reform to Improve Latino Health
- Improving Latino Health through Educational Initiatives
- Maintaining California’s Safety Net and Getting to Health4All
- Increasing Food Security to Improve Latino Health
- Climate Justice and Latino Health
- Addressing the Roots of Chronic Disease to Improve Latino Health
- Innovative Strategies to Engage Youth in Policy & Systems Change
- How California’s Justice System Can Partner to Improve Latino Health
- Anticipating Tomorrow’s Workforce Needs and Latino Health
- Maintaining and Improving Health for Latino Elders

• January 15, 2015—¡Campeones de Salud! Awards Banquet

• January 16, 2015 – ¡Salud por Vida! Biennial Conference on Latino Health
Looking Forward

• Legislative Impact
• Community Forums
• Technical Trainings
• Meaningful Partnerships
• Health Promotion
• Broadening the audience for Latino health and Health Equity
Policy Update
Co-Sponsored Bill List

- SB 1000 (Monning): Sugar-Sweetened Beverages Safety Warning Act
- SB 1310 (Lara): Sentencing/Immigration Reform
- AB 2102 (Ting): Data for a Culturally Appropriate Health Care Workforce
- AB 2345 (Gonzalez): Nutrition and Critical Assistance for Lawfully Present Californians
Prevention Policy
Signed by Governor Brown:

- AB 2102 (Ting): Data for a Culturally and Linguistically Competent Healthcare Workforce
- SB 1384 (Mitchell): Certified Nurse Assistants
Immigration

- SB 1310 (Lara): Sentencing Reform
- SB 873: Unaccompanied Minors
Signed by Governor Brown:

- SB 193 (Monning): Information to Protect Workers Exposed to Toxic Materials
- SB 1117 (Monning): Pesticide Contamination Prevention Act
Vetoed:

- AB 885 (Ammiano): Prosecutorial duty to disclose information
Food Systems

Signed:
- SB 912 (Mitchell): Healthy State Vending Policy
- AB 1930 (Skinner): Cal Fresh: Student Eligibility

Died/Vetoed:
- SB 1000 (Monning): Sugar-sweetened Beverage Safety Warning
- AB 2345 (Gonzalez): Nutrition & Critical Assistance for Lawfully Present Immigrants
Berkeley SSB Tax

YES ON D

Berkeley vs. Big Soda

Paid for by Yes on Measure D, Healthy Child Initiative Ballot Measure Committee.
Healthcare Access
Health for All
State proposal: delay Fresno repayment obligations to state as long as it provides medical services to “indigent Individuals.”

Fresno County Superior Court judge ruled the county didn't have to provide indigent care, reversing a 30-year-old court order.

4-1 Board of Supervisor vote to terminate the program.

Health for All: Fresno County
Health for All: Next Steps

- What’s next?
- How will we do it different next year?
- Financing Health for All
- Thoughts?
Next year...

- Sugar-Sweetened Beverages
- Food Security
- Health for All
Health Care Access Helps

ZIP CODE 90002
Life Expectancy 72

ZIP CODE 94301
Life Expectancy 86
calendow.org

Obamacare will help close the health gap.
Per Capita Expenditures on Medical Care

Total = $2.6 Trillion (17.9% of GDP)
Estimated excess: $700B - $1.2T

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<th>Country</th>
<th>Expenditures</th>
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Notes: Amounts in U.S.$ Purchasing Power Parity, see [www.oecd.org/std/ppp](http://www.oecd.org/std/ppp); includes only countries over $2,500. OECD defines Total Current Expenditures on Health as the sum of expenditures on personal health care, preventive and public health services, and health administration and health insurance; it excludes investment.

Less is spent on Prevention

Factors Influencing Health

Behaviors & Environment: 70%
Genetics: 20%
Medical Care: 10%

Medical Care: 97%
Prevention: 3%

Upstream vs. Downstream Approaches to Health
Health Equity

ZIP CODE 95219 Life Expectancy < 73
ZIP CODE 92657 Life Expectancy > 88
health happens here
The more income and wealth people have, the more likely they are to live longer.

Source: Bay Area Health Inequity Initiatives: http://barhii.org/resources/health-inequities-in-the-bay-area/
Life Expectancy by Race/Ethnicity

Source: Bay Area Health Inequity Initiatives: http://barhii.org/resources/health-inequities-in-the-bay-area/
Alameda County: Life Expectancy
Alameda County: Poverty Level

Source: CAPE, with data from ACS 2007-2011.
Hospitalization rate for asthma for African American children is 5 times that of White children.

Latinos & African Americans are more likely to die from diabetes compared to County overall.

Most of the homicide deaths in Contra Costa occurred among African Americans (107 total).

Source: Contra Costa County Data Profile
Among California Latinos, heart disease, cancer, stroke and diabetes account for over 54% of all deaths.

Why is Health a Matter of Justice?
What is Health Equity?

“Health equity means that everyone has a fair opportunity to live a long, healthy life that is not compromised by:

- Race
- Ethnicity
- Gender
- Income
- Sexual orientation
- Neighborhood
- Other social conditions

Social Determinants of Health

- Food Security
- Parks & Recreational Space
- The Natural Environment
- Safe Neighborhoods
- Hope & Efficacy
- Social Connectedness
- Cultural Identity
- Access to Transportation & Active Transportation Options
- Affordable & Safe Housing
- Aggressive Marketing of Unhealthy Products and Services
- Community Infrastructure
- Economic Justice
- Educational Equity
- Equitable Health Care Access
Safe Neighborhoods

Photo Credits: East Bay Express & HousingPolicy.org
Community Safety

Safety Score by ZIP code, City of Los Angeles

Legend
- City of Los Angeles
- Safety Score Rank:
  - 1 - 10 (Most Safe)
  - 11 - 42
  - 43 - 73
  - 74 - 94
  - 95 - 104 (Least Safe)
- Data Not Available
The Natural Environment

Photo Credits: East Bay Trails & Mother Nature Network
Availability & Accessibility of Parks

[Map showing availability and accessibility of parks across different districts, with color codes indicating the percent of obese children and acres of parks per 1,000 residents.]

Educational Equity

Photo Credits: Mercury News & Popular Resistance
Income Inequality
Aggressive Marketing of Unhealthy Products
Food Security

Food Insecurity Index
- Low Food Insecurity
- Medium Food Insecurity
- High Food Insecurity
- Freeways

Pacific Ocean
Social Determinants of Health

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- Parks & Recreational Space
- The Natural Environment
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- Hope & Efficacy
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- Affordable & Safe Housing
- Aggressive Marketing of Unhealthy Products and Services
- Community Infrastructure
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- Equitable Health Care Access
1 out of every 2 Latino and African American children born since the year 2000 will get diabetes.

Nearly 43% of all Latinos who are hospitalized in California have diabetes.

People with diabetes who are poor, have 10x more probability of having an amputation.

Latino children get 10% more exposure to advertising for unhealthy products, and 10% less exposure to advertising for healthy products.

$27.5 Billion dollars in California.
Policies to Reduce Consumption

- National Level: SWEET Act
- State Level: Sugar Sweetened Beverage Warning Label
- State Level: 1 cent/oz. tax
- Local Level: City of Berkeley 1 cent/oz. tax
Equitable Health Care Access
How Do We Improve Health for All?

- Policies & Practices
- Collaborations
- Capacity Building
- Building Critical Consciousness
  - Professionals
  - Community
What Health For All Looks Like
Thank you!

Learn more: www.lchc.org

@LCHC_CA

Latino Coalition for a Healthy California